



There is help available
Hay ayuda disponible



FOOD / COMIDA

Hot meals (To-Go):

Daily Breakfast: 6-8am | Dinner: 3-4:30pm
Grocery Pantry: Monday-Friday, 9:30-11:30am

Comidades calientes (Para-llevar):

Desayuno diario: 6-8am | Cena: 3-4:30pm

Despensa de comida: Lunes-Viernes, Registrarse 9:30-11:30am



CLOTHING / ROPA

Monday & Wednesday | Register 9am-3pm
Smilow Life Center, 55 Chestnut Street

Lunes y Miércoles | Registrarse 9am-3pm
Smilow Life Center, 55 Chestnut Street

Need assistance with emergency shelter placement, housing assistance, benefit assistance, primary care assistance, employment assistance, or anything else you can think of?

¿Necesita ayuda con la colocación de un refugio de emergencia, ayuda con los beneficios o cualquier otra cosa que se le ocurra?

Please contact / Por favor contacte a Samm Williams
203-216-1821 or SWilliams@OpenDoorsCT.org

Open Doors
4 Merritt Street

BUS (WHEELS Route 10)
TRAIN (MetroNorth South Norwalk stop)

BUS (WHEELS Ruta 10)
EL TREN (MetroNorth salida South Norwalk)

203-866-1057 / info@opendoorsct.org / www.opendoorsct.org



There is help available
Gen èd ki disponib



FOOD / MANJE

Hot meals (To-Go):

Daily Breakfast: 6-8am | Dinner: 3-4:30pm
Grocery Pantry: Monday-Friday, 9:30-11:30am

Manje prepare (Pou pran):

Dejene chack jou: 6-8am | Dine: 3-4:30pm

Makèt manje gratis: Lendi-Vandredi, Enskri 9:30-11:30am



CLOTHING / RAD

Monday & Wednesday | Register 9am-3pm
Smilow Life Center, 55 Chestnut Street

Lendi & Mèkredi | Enskri 9am-3pm
Smilow Life Center, 55 Chestnut Street

Need assistance with emergency shelter placement, housing assistance, benefit assistance, primary care assistance, employment assistance, or anything else you can think of?

Si ou bezwen asistans pou plasman nan ijans pou le refuge, asistans pou lojman, asistans pou benefis, asistans pou swen prensipal, asistans pou travay, oswa nenpòt lòt bagay ke ou ka panse de?

Please contact / Tanpri kontakte Samm Williams
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