

## **HOW FAMILIES & STUDENTS CAN HELP**

Some volunteer opportunities at Open Doors (like serving meals) are only for volunteers ages 15 and older. Here are some great ways that younger kids can make a difference either here on-site or in their community!

**Volunteer at Open Doors** in our community closet or garden or join us for a neighborhood clean-up, community outreach event, planting day or other volunteer day. Contact Esthephanie to sign up.

**Collect donations** with your family, friends, neighbors, or classmates. While we always need food, toiletries, and cleaning supplies, don't be afraid to get creative. Welcome mats! Travel umbrellas! Reusable grocery bags! Just think of things you use at home.

Make a housewarming basket for someone moving into a new home! Fill a laundry basket with kitchen items, hangers, bathroom supplies, cleaning products, paper goods, and a nice surprise.

Make a Family Fun Pack! Help a family have a fun night by putting together a pack with some snacks and your favorite card game, story book, or board game.

Knit or crochet a winter accessory for an adult or a kid.

**Grow vegetables** to donate to the kitchen and pantry that help feed hungry people.

**Help us decorate** for your favorite holiday by making placemats or decorations for the walls, tables, and doors.

Follow us on Facebook, Twitter, and Instagram and help spread the word about ending homelessness and poverty.

Contact us with your own ideas about ways to help!

For more information and to get involved, contact: Esthephanie Peralta — eperalta@opendoorsct.org, 203-866-1057 x129